

The Economy meal service

In Economy we focus on offering you good quality food, done consistently well. We like to work with simple, seasonal ingredients presented elegantly. And of course, served with the warmth and flair we're famous for. We offer a balance of dishes, with plenty of little treats to make your flight feel special.

Dine and drink



A pre dinner drink with a choice of beer, wine, spirits, soft drinks or our speciality cocktail.



A tasty meal including a cold starter, choice of three hot main dishes, pudding, cheese and biscuits and fresh bread.



A bar service with a choice of red and white wine to enjoy with your dinner.



A choice of tea or coffee/hot chocolate* to finish your meal.

Afternoon tea



An individual box filled with teatime snacks like wraps, 'plane' crisps and a sweet treat.

Breakfast box



An individual box filled with a tasty selection of breakfast treats.

Light meal



An individual tray of light meal items, including a hot main dish.

Breakfast tray



An individual tray of breakfast items, including a hot main dish.

Then, depending on your flight, either:

4

virgin atlantic
economy



Movie treat

On daytime flights, we offer you a treat to enjoy with your movie. It could be an ice cream or some sweets.

* We serve hot chocolate instead of coffee on overnight flights.

Economy meal services

Flight	Route	Dine 1/2 TSU	Afternoon tea deli box	Breakfast box	With added hot item	With added cold item	Breakfast 1/2 TSU	Light meal 1/2 TSU	Movie treat	HHH	Cold snack	Water bottle
VS001	LHR-EWR	✓	✓					✓				✓
VS002	EWR-LHR	✓		✓							✓	
VS003	LHR-JFK	✓	✓					✓			✓	
VS004	JFK-LHR	✓		✓							✓	
VS005	LHR-MIA	✓	✓					✓			✓	
VS006	MIA-LHR	✓		✓	✓						✓	
VS007	LHR-LAX	✓	✓		✓			✓	✓		✓	
VS008	LAX-LHR	✓		✓	✓						✓	
VS009	LHR-JFK	✓	✓					✓			✓	
VS010	JFK-LHR	✓		✓							✓	
VS011	LHR-BOS	✓	✓					✓			✓	
VS012	BOS-LHR	✓		✓							✓	
VS015	LGW-MCO	✓	✓					✓			✓	
VS016	MCO-LGW	✓		✓	✓						✓	
VS017	LHR-EWR	✓	✓								✓	
VS018	EWR-LHR	✓		✓							✓	
VS019	LHR-SFO	✓	✓					✓	✓		✓	
VS020	SFO-LHR	✓		✓	✓						✓	
VS021	LHR-IAD	✓	✓					✓			✓	
VS022	IAD-LHR	✓		✓							✓	
VS023	LHR-LAX	✓	✓					✓	✓		✓	
VS024	LAX-LHR	✓		✓	✓						✓	
VS025	LHR-JFK	✓	✓								✓	
VS026	JFK-LHR	✓		✓							✓	
VS027	LGW-MCO	✓	✓					✓			✓	
VS028	MCO-LGW	✓		✓	✓						✓	
VS029	LGW-BGI	✓	✓					✓			✓	
VS030	BGI-LGW	✓		✓	✓						✓	
VS031	LGW-UVF	✓	✓					✓			✓	
VS032	UVF-LGW	✓		✓	✓						✓	
VS033	LGW-ANU	✓	✓					✓			✓	
VS034	ANU-LGW	✓		✓	✓						✓	
VS039	LHR-ORD	✓	✓					✓			✓	
VS040	ORD-LHR	✓		✓	✓						✓	
VS041	LHR-SFO	✓	✓					✓	✓		✓	
VS042	SFO-LHR	✓		✓	✓						✓	
VS043	LGW-LAS	✓	✓					✓	✓		✓	
VS044	LAS-LGW	✓		✓	✓						✓	
VS045	LHR-JFK	✓	✓					✓			✓	
VS046	JFK-LHR	✓		✓							✓	
VS049	LGW-MCO	✓	✓					✓			✓	
VS050	MCO-LGW	✓		✓	✓						✓	
VS063	LGW-HAV	✓	✓					✓			✓	
VS064	HAV-LGW	✓		✓	✓						✓	
VS065	LGW-MBJ	✓	✓					✓			✓	
VS066	MBJ-LGW	✓		✓	✓						✓	
VS071	GLA-MCO	✓	✓					✓			✓	

Flight	Route	Dine 1/2 TSU	Afternoon tea deli box	Breakfast box	With added hot item	With added cold item	Breakfast 1/2 TSU	Light meal 1/2 TSU	Movie treat	HHH	Cold snack	Water bottle
VS072	MCO-GLA	✓		✓	✓							✓
VS073	MAN-MCO	✓	✓							✓		✓
VS074	MCO-MAN	✓		✓	✓							✓
VS075	MAN-MCO	✓	✓							✓		✓
VS076	MCO-MAN	✓		✓	✓							✓
VS077	MAN-BGI	✓	✓							✓		✓
VS078	BGI-MAN	✓		✓	✓							✓
VS085	MAN-LAS	✓	✓							✓	✓	✓
VS086	LAS-MAN	✓		✓	✓							✓
VS087	LGW-UVF	✓	✓							✓		✓
VS088	UVF-LGW	✓		✓	✓							✓
VS089	LGW-UVF	✓	✓							✓		✓
VS090	UVF-LGW	✓		✓	✓							✓
VS093	LGW-CUN	✓	✓							✓	✓	✓
VS094	CUN-LGW	✓		✓	✓							✓
VS097	LGW-UVF	✓	✓							✓		✓
VS098	UVF-LGW	✓		✓	✓							✓
VS103	LHR-ATL	✓	✓							✓		✓
VS104	ATL-LHR	✓		✓	✓							✓
VS107	LHR-DTW	✓	✓							✓		✓
VS108	DTW-LHR	✓		✓								✓
VS109	MAN-ATL	✓	✓							✓		✓
VS110	ATL-MAN	✓		✓	✓							✓
VS111	LHR-JFK	✓	✓							✓		✓
VS112	JFK-LHR	✓		✓								✓
VS115	LHR-ATL	✓	✓							✓		✓
VS116	ATL-LHR	✓		✓	✓							✓
VS117	LHR-MIA	✓	✓							✓		✓
VS118	MIA-LHR	✓		✓	✓							✓
VS161	BFS-MCO	✓	✓							✓		✓
VS162	MCO-BFS	✓		✓	✓							✓
VS163	GLA-LAS	✓	✓							✓	✓	✓
VS164	LAS-GLA	✓		✓	✓							✓
VS206	LHR-HKG	✓							✓			✓
VS207	HKG-LHR	✓							✓			✓
VS250	LHR-PVG	✓						✓			✓	✓
VS251	PVG-LHR	✓	✓					✓	✓		✓	✓
VS300	LHR-DEL	✓						✓				✓
VS301	DEL-LHR	✓						✓	✓			✓
VS400	LHR-DXB	✓		✓		✓						✓
VS401	DXB-LHR	✓	✓							✓		✓
VS601	LHR-JNB	✓							✓			✓
VS602	JNB-LHR	✓							✓			✓
VS651	LHR-LOS	✓		✓		✓						✓
VS652	LOS-LHR	✓	✓							✓		✓
VS951	LGW-LAS	✓	✓						✓	✓		