

clubhouse

Spa

clubhouse Spa

Welcome to the Clubhouse Spa. We provide you with a bespoke service, using only the best products to achieve great results.

Choose **one** of our complimentary services or upgrade to one of our specialised treatments.

Dr. Hauschka

In the 1960s, esthetician/formulator Elisabeth Sigmund and chemist Dr. Rudolf Hauschka developed a revolutionary line of skin care with natural ingredients and ground-breaking methodologies that promoted skin health as a means toward achieving a radiant, glowing complexion.

For over four decades, Dr. Hauschka Skin Care has grown the highest quality botanicals, harvesting them at the peak of their potency so that they may harness the power of the living plant and capture it in their products.

The result is a line of highly effective products that are carefully formulated and manufactured to retain the essence and energies of their natural ingredients. These properties are then transferred to your skin, imbuing it with the beauty, life and vitality of nature itself.

Dr. Hauschka products are suitable for all ages from pregnancy, baby to adulthood.

Bumble and bumble.

The 'it' brand for hair and hair products in the USA, Bumble and bumble was founded as a New York City hair salon in 1977 by hairdresser and entrepreneur Michael Gordon. Hair was clipped, coloured and styled into prominence with a legendary editorial team, a strong design ethic and extraordinary products.

With two flagship New York City salons, and a vast network of like-minded salons, Bumble and bumble has become coveted by hairdressers, actors, models and beauty junkies around the world.

A full range of products are available at the Clubhouse Spa.

Shellac™

Developed in 2010, Shellac has revolutionised the nail industry. Goes on like polish, wears like a gel. This treatment has a high shine mirror finish, zero drying time and lasts for up to 14 days.



If you are looking for the finest in men's grooming, we are confident you will find Truefitt & Hill's unmatched product quality and prestigious tradition extremely compelling. For over two centuries, they have provided even the most discerning gentlemen with only the finest in grooming products and service.

COWSHED

Babington House, Somerset, England was the birth place of Cowshed products back in 1998. Their philosophy has always been to create a complete range of honest, natural, therapeutic products, made in England, using the best organic and wild crafted plant extracts.

CHEEKY

Cowsheds naughty little sister! For fashion conscious, trend aware beauty and design junkies who like to be the centre of attention.

A-LIFT

Thanks to the innovative science behind A-Lift, the effects of ageing can be reversed in a non invasive, non surgical treatment.

A-Lift promotes improved hydration, circulation and lymphatic drainage. In addition, it aids in the production of collagen which helps combat fine lines and wrinkles by supporting the structure of the skin. The results are firmer, healthier, rejuvenated skin with a fresh and visibly improved complexion.

Complimentary treatments are available to Virgin Atlantic customers only.

Treatments are not guaranteed and shall be booked on a first come first serve basis.

Payment by debit/credit card only.

*** A charge of £16 or £32 will be applied to these treatments if taken as an additional service.**

****** Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.



Hair

Ladies

The Bumble and Bumble re-conditioning treatment

30 mins

Complimentary **or £32.00***

Consultation, shampoo, treatment, scalp massage, condition, full prescription.

This Indulgent treatment will not only repair, smooth and revitalize. It will leave your hair with a lustrous looking shine. Finishing off your hair with a blast.

However if you fancy having a full finish, feel free to upgrade to one of our famous signature blow dries.

Add a signature blow dry.

from £25-£35.00

Creative dry style

15 mins

Complimentary **or £16.00***

Our stylists are on hand to help you create the latest looks. Simply book some time with a stylist and let the creativity flow.

Style options include:

- Smooth (sleek, shiny and sort of straight)
- Texture (textured and tousled or curled and swirled)
- Something nice (let's think of something together)

Ladies signature blow dry

30-45 mins

£25-£35.00

Consultation, shampoo, condition, blow dry, full prescription.

Ladies cut & signature blow dry

45-60 mins

£35-£45.00

Consultation, shampoo, condition, cut, blow dry, full prescription.

Fringe trim

15 mins

Complimentary **or £16.00***

Consultation, trim.

- ✂ Surf spray
- ✂ Does it all spray
- ✂ Dry spun finish
- ✂ Sumo tech

- ✂ Thickening hairspray
- ✂ Seaweed shampoo
- ✂ Grooming cream

✂ = Perfect Travel Companion

Complimentary treatments are available to Virgin Atlantic customers only.

Treatments are not guaranteed and shall be booked on a first come first serve basis.

Payment by debit/credit card only.

* **A charge of £16 or £32 will be applied to these treatments if taken as an additional service.**

** Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.

Gents

Gentlemen's re-style	45 mins	£20.00
Consultation, shampoo, condition, re-style, blow dry, full prescription.		
Cleanse and trim	30 mins	Complimentary or £32.00*
Consultation, shampoo, condition, trim only, prescription.		
Clipper cut	15 mins	Complimentary or £16.00*
Consultation, buzz, hot towel, prescription.		
Re-texture	15 mins	Complimentary or £16.00*
Consultation, neck tidy, hot towel, prescription.		
Beard trim	15 mins	Complimentary or £16.00*
Consultation, buzz, hot towel, moisturise, prescription.		

Gents Grooming



TRUEFITT & HILL
EST. 1805 • ST. JAMES'S • LONDON

Traditional safety shave**	30 mins	£16.00
Using Truefitt & Hill's finest grooming products. Cleanse, exfoliate, hot towel, shave and moisturise.		
Luxury cut throat shave**	45 mins	£40.00
The ultimate gentlemen's experience, performed with a cut throat razor. Includes hot and cold towel compresses, cleanse, shave, exfoliation and completed with a relaxing scalp and facial massage.		
Cleanse and Hydrate		Complimentary or £16.00*
Cleanse, exfoliate, infused hot towel and hydrate. Rejuvenate tired or dehydrated skin with this refreshing treatment.		
Express hand treatment	15 mins	Complimentary or £16.00*
Revives tired, dehydrated hands with a file, cuticle tidy, finished with an application of hand cream. Excludes polish.		
Eyebrow wax/shape		£10.00

-  Truefitt & Hill Ultra Comfort Shave Cream
-  Daily Facial Cleanser

Complimentary treatments are available to Virgin Atlantic customers only.

Treatments are not guaranteed and shall be booked on a first come first serve basis.
Payment by debit/credit card only.

* A charge of £16 or £32 will be applied to these treatments if taken as an additional service.

** Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.



Face

Dr. Hauschka

Dr. Hauschka products respect and enhance the skins natural functions by supporting the skin to be in balance with its own natural process.

Express Radiant You facial 15 mins Complimentary or **£16.00***

No matter the condition of your skin today, this powerful cleansing method works to transform your skin to a state of lasting radiance and vitality.

Radiant You facial 30 mins **£35.00**

No matter the condition of your skin today, this powerful cleansing method works to transform your skin to a state of lasting radiance and vitality. A therapeutic facial treatment including a foot soak to calm the body and mind, a mask application specifically chosen for your skin type, with a relaxing head massage. Your treatment is finished with a refreshing toner and an application of moisturiser.

- ✂ Dr. Hauschka Rose Day Cream
- ✂ Dr. Hauschka Eye Revive
- ✂ Dr. Hauschka Facial Toner
- ✂ Dr. Hauschka Daily face care kit

Complimentary treatments are available to Virgin Atlantic customers only.

Treatments are not guaranteed and shall be booked on a first come first serve basis.
Payment by debit/credit card only.

*** A charge of £16 or £32 will be applied to these treatments if taken as an additional service.**

**** Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.**

A-LIFT

Thanks to the innovative science behind A-Lift, the effects of ageing can be reversed in a non invasive, non surgical treatment.

A-Lift promotes improved hydration, circulation and lymphatic drainage. In addition, it aids in the production of collagen which helps combat fine lines and wrinkles by supporting the structure of the skin. The results are firmer, healthier, rejuvenated skin with a fresh and visibly improved complexion

15 mins	£20.00
30 mins	£35.00

Body and soul

Dr. Hauschka

Choose from a selection of Dr. Hauschka oils to naturally enhance your treatment.

Therapeutic oil back massage** 30 mins £35.00

Following deep inhalations using a specific aromatherapy oil to suit your requirements; your back, shoulders, neck and head will be treated to therapeutic massage movements that will improve circulation, restore harmony and ease tension.

Hot stone back treatment** 30 mins £35.00

Hot stones are used on the back to warm and destress the body. The back and shoulders are rhythmically massaged to relax muscles, while the use of aromatherapy oils will help to calm and unwind the mind.

Seated back, neck and shoulder massage** 15-30 mins £16.00-£32.00

This massage is performed over clothes on a massage chair. Working on specific trigger points around your back, neck, scalp and shoulders to relieve tension headaches and relax muscles. The treatment combines hands on massage and hot stones.

Trigger Point Massage** 15-30mins £20.00-£40.00

Everyday muscles are exposed to stress and tension causing muscles to tighten and knots to form. Trigger point massage therapy is specifically designed to alleviate muscle pain through pressure and release on tense knots. Trigger point therapy works directly on these points to relax the muscle and reduce pain.

Head massage 15 mins Complimentary **or £16.00***

Following deep inhalations of aromatherapy oils and hot stones placed in the palm of the hands, your scalp will be treated to deep massage movements that instantly free the tension held in the head allowing your mind and body some peace and calm.

Please be advised that treatment times are inclusive of consultation.

Treatments are not guaranteed and shall be booked on a first come first serve basis.

Payment by debit/credit card only.

*** A charge of £16 or £32 will be applied to these treatments if taken as an additional service.**

****** Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.



Dr. Hauschka

Huile de Soin
Prunelle
Blackthorn
Body Oil

2.5 Fl. Oz./75 ml e

Dr. Hauschka

Huile de Soin
Citron Citronnelle
Lemon
Lemongrass
Body Oil

2.5 Fl. Oz./75 ml e

Dr. Hauschka

Huile de Soin
Bouleau Arnicée
Birch Arnica
Body Oil

2.5 Fl. Oz./75 ml e

Dr. Hauschka

Huile de Soin
Pétales de Fleurs
Body Oil

2.5 Fl. Oz./75 ml e

Dr. Hauschka

Huile de Soin
Amande
Millepertuis
Almond
St. John'swort
Body Oil

2.5 Fl. Oz./75 ml e

Hands and feet

Dr. Hauschka

Using a range of Dr. Hauschka Products to obtain the ultimate results in a natural holistic way.

Express hand treatment 15 mins Complimentary or **£16.00***

Revives tired, dehydrated hands with a file, cuticle tidy, finished with an application of hand cream. Excludes polish.

Regenerating hand treatment 45 mins **£40.00**

Best described as a facial for the hands. Compromises of a warm aromatic hand compress, a therapeutic massage and a hydrating, nourishing mask to reduce the appearance of fine lines and dehydration. This treatment also includes a file, cuticle work and a polish application.

File and polish 15-30 mins **£16-£18.00**

Your choice of colour or French.

Shellac nail colour – hands or feet 45 mins **£35.00**

(Colour or French)

Applied like polish. Wears like gel. Shellac has a high shine mirror finish. Zero dry time and lasts for up to 14 days.

 Dr. Hauschka Neem Nail and Cuticle Oil

 Dr. Hauschka Hydrating Hand Cream

 Dr. Hauschka Regenerating Body Cream

 = Perfect Travel Companion

Please be advised that treatment times are inclusive of consultation.

Treatments are not guaranteed and shall be booked on a first come first serve basis.

Payment by debit/credit card only.

*** A charge of £16 or £32 will be applied to these treatments if taken as an additional service.**

**** Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.**

Express foot treatment 15 mins Complimentary or **£16.00***

A treat for the feet. File, cuticle work and an application of foot cream.
Excludes a polish.

Regenerating foot treatment 45 mins £45.00

Best described as a facial for the feet. Compromises of a warm aromatic foot soak, a therapeutic massage and a hydrating, nourishing mask to soften and smooth the feet. This treatment also includes a file, cuticle work, hard skin removal and a polish application.

Thai foot massage** 30 mins £35.00

This is a great dual treatment, not only will the soothing massage and invigorating stretching techniques release tension on tired, aching feet; but your whole body will feel rebalanced by the gentle application of traditional Thai wooden massage sticks which apply specific pressure points on your feet.

Hot stones

Therapeutic massage with hot basalt stones allows the therapists to work deeper into the muscles, releasing and relaxing areas of tension, whilst calming and unwinding the mind. Basalt stones are made from volcanic rock and after heating, will retain the warmth for the length of the back or foot massage.

Choose from a variety of holistic Dr. Hauschka body oils to enhance the treatment benefits and longevity.

Hot stone back treatment** 30 mins £35.00

Hot stones are used on the back to warm and destress the body. The back and shoulders are rhythmically massaged to relax muscles, while the use of aromatherapy oils will help to calm and unwind the mind.

Hot stone foot and leg treatment** 30 mins £35.00

This treatment comprises of a hot towel compress, body brushing of the legs, followed by a leg and foot massage using the hot stones.

Essentials**

Half leg wax	£20.00
Arm wax	£15.00
Under arm wax	£10.00
Lip wax	£7.00
Chin wax	£7.00
Eyebrow wax/shape	£10.00
Back wax	£20.00
Bikini wax	£15.00



Health & Safety and Data Security

All treatments are carried out subject to completion of a medical consultation form. Some health conditions may prevent you having your chosen service. If you have any concerns please advise prior to making your booking.

All personal information taken from or discussed with clients during any consultations or treatments will be kept in the strictest confidence.

Clubhouse Spa opening hours:

London Heathrow	6.30am - 10.00pm
London Gatwick	7.00am - 12.30pm
London Revivals	5.00am - 1.30pm
New York JFK	3.00pm - 9.45pm

virgin atlantic 