

clubhouse

Spa



# clubhouse Spa

Welcome to the Clubhouse Spa. We provide you with a bespoke service, using only the best products to achieve great results.

Choose **one** of our complimentary services or upgrade to one of our specialised treatments.

## Dr. Hauschka

In the 1960s, esthetician/formulator Elisabeth Sigmund and chemist Dr. Rudolf Hauschka developed a revolutionary line of skin care with natural ingredients and ground-breaking methodologies that promoted skin health as a means toward achieving a radiant, glowing complexion.

For over four decades, Dr. Hauschka Skin Care has grown the highest quality botanicals, harvesting them at the peak of their potency so that they may harness the power of the living plant and capture it in their products.

The result is a line of highly effective products that are carefully formulated and manufactured to retain the essence and energies of their natural ingredients. These properties are then transferred to your skin, imbuing it with the beauty, life and vitality of nature itself.



# Face

## Dr. Hauschka

**Radiant You express treatment** 15 mins Complimentary or **\$22.00\***

No matter the condition of your skin today, this powerful cleansing method works to transform your skin to a state of lasting radiance and vitality.

or **3000 miles**

We highly recommend purchasing the Radiant You home care kit with this service for full benefit

**Radiant You treatment** 30 mins

No matter the condition of your skin today, this powerful cleansing method works to transform your skin to a state of lasting radiance and vitality.

\$49.00

or **7000 miles**

A therapeutic facial treatment including a foot soak to calm the body and mind, relaxation stretches and strokes to the head and neck, finished with a soothing scalp massage.

We use a range of Dr Hausckha products specific to your skins needs during these facials, all of which can be purchased form the spa.

\* A charge of \$22 will be applied to these treatments if taken as an additional service.

\*\* Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.

Treatments are not guaranteed and shall be booked on a first come first serve basis.  
Payment by debit/credit card only.

A sales tax of 4.5% will be charged for all spa services.  
A sales tax of 8.875% will be charged for all retail products.



# Hands and feet

## Dr. Hauschka

**Hand treatment** 15 mins Complimentary or **\$22.00\***  
Relaxes the senses, prepares and nourishes hands for flight with soothing massage. or **3000 miles**

**Relaxing hand treatment** 30 mins \$49.00  
Hands will be bathed in an aromatic concentrate, deeply moisturized and massaged leaving them feeling warm and rejuvenated. Great for aching joints dry hands and dry flaking nails. or **7000 miles**

**Relaxing foot treatment** 30 mins \$49.00  
Relaxes, soothes and nurtures the feet. Using a sage foot soak, moisturizing mask and relaxing leg and foot massage, this is a real treat for the feet! or **7000 miles**

**Thai foot treatment\*\*** 30 mins \$49.00  
This soothing pressure point massage incorporates invigorating stretching techniques and a traditional Thai stick to help release tension on tired, aching feet, leaving your whole body feeling rebalanced. or **7000 miles**

Complimentary treatments are available to Virgin Atlantic and Delta Air Lines® customers only. Treatments are not guaranteed and shall be booked on a first come first serve basis.

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## de Mamiel

Annee de Mamiel is a leading authority on high performance natural skincare. Her work has been praised by beauty insiders and featured in some of the world's most revered beauty and lifestyle publications. Each product is meticulously handmade to ensure purity and performance, immersing the senses for a truly holistic result.



### Unwind

15 mins

Complimentary or **\$22.00\***

or **3000 miles**

A chance to let go and begin to unwind, releasing the tension we hold in our bodies. Along with deep inhalations, the pressure points of stress are released on your feet and scalp. Finished with spritz of Dewy Facial Mist for hydration, Altitude oil for protection and your selection on sleep blend to prepare you for the journey ahead.

### Rest Easy\*\*

30 mins

**\$49.00**

or **7000 miles**

A whole body treatment to melt away the stress of travel and prepare you for a long journey with restful sleep. Deep inhalations allow you to let go, followed by gentle stretches, a deep facial cleanse and heavenly hydrating mask prepares the skin for a long flight. Pressure points of stress are released on your feet and scalp and finished with a spritz Dewy Facial Mist and sleep blend of your choice to ease you into your journey ahead.



# Body and soul

## Dr. Hauschka

**Head massage** 15 mins Complimentary or **\$22.00\***  
or **3000**  
Relax the senses for flight. This head and scalp massage combined with the use of essential oils will leave you feeling calmer clearer and revitalized. Your scalp will be treated to rhythmic massage movements that instantly free the tension held in the head and allow your mind and body some peace and calm.

**Seated back, neck and shoulder treatment\*\*** 15-30 mins \$22.00-\$44.00  
or **3000 - 6000 miles**  
This massage is performed over clothes on a massage chair. Working on specific trigger points around your back, neck, scalp and shoulders to relieve tension headaches and relax muscles. The treatment combines hands on massage and hot stones.

**Relaxing back treatment\*\*** 30 mins \$49.00  
or **7000 miles**  
Using a blend of oils specific to your personal needs this treatment will aid relaxation, release tension in muscles, stimulate poor circulation and encourage lymphatic movement. Following your warm sage foot bath you move to the massage table, your back, shoulders, neck and head will be treated to rhythmic, gentle yet effective working movements that will restore harmony. By correcting the balance and harmony of the body's rhythms and forces, good health is maintained.

**Scalp and shoulder treatment\*\*** 30 mins \$49.00  
or **7000 miles**  
Relax the senses, soothe and nurture the scalp and shoulders. Incorporating a sage foot soak and a warming chest compress and using a combination of Swedish massage and drainage techniques, this treatment can be tailored to suit your specific needs.

**Hot stone treatment\*\*** 30 mins \$49.00  
or **7000 miles**  
Using a combination of hands on massage and basalt hot stones to intensify the treatment. Relax the senses, melt away tension in preparation for flight. Hot stones are used on the back to warm and de-stress both body and mind. The back and shoulders are massaged, relieving tension whilst calming and unwinding the mind.

Complimentary treatments are available to Virgin Atlantic and Delta Air Lines® customers only. Treatments are not guaranteed and shall be booked on a first come first serve basis.

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## **Health & Safety and Data Security**

All treatments are carried out subject to completion of a medical consultation form. Some health conditions may prevent you having your chosen service. If you have any concerns please advise prior to making your booking.

All personal information taken from or discussed with clients during any consultations or treatments will be kept in the strictest confidence.

A sales tax of 4.5% will be charged for all spa services.

A sales tax of 8.875% will be charged for all retail products.

## **Clubhouse Spa opening hours:**

New York JFK 3.00pm - 9.45pm

London Heathrow 6.30am - 10.00pm

London Gatwick 7.00am - 12.30pm

London Revivals 5.00am - 1.30pm