Clubhouse S|



Welcome to the Clubhouse Spa. We provide you with a bespoke service, using only the best products to achieve great results.

Choose **one** of our complimentary services or upgrade to one of our specialised treatments.

Dr. Hauschka

In the 1960s, esthetician/formulator Elisabeth Sigmund and chemist Dr. Rudolf Hauschka developed a revolutionary line of skin care with natural ingredients and ground-breaking methodologies that promoted skin health as a means toward achieving a radiant, glowing complexion.

For over four decades, Dr. Hauschka Skin Care has grown the highest quality botanicals, harvesting them at the peak of their potency so that they may harness the power of the living plant and capture it in their products.

The result is a line of highly effective products that are carefully formulated and manufactured to retain the essence and energies of their natural ingredients. These properties are then transferred to your skin, imbuing it with the beauty, life and vitality of nature itself.

de Mamiel

Annee de Mamiel is a leading authority on high performance natural skincare. Her work has been praised by beauty insiders and featured in some of the world's most revered beauty and lifestyle publications. Each product is meticulously handmade to ensure purity and performance, immersing the senses for a truly holistic result.

A full range of products are available at the Clubhouse Spa.

Shellac™

Developed in 2010, Shellac has revolutionised the nail industry. Goes on like polish, wears like a gel. This treatment has a high shine mirror finish, zero drying time and lasts for up to 14 days.



American Crew, the U.S. professional leader in men's grooming. The American Crew family of grooming products delivers everything needed to create and care for men's styles. American Crew has an ongoing commitment to elevate men's style and enhance their personal image.

N-LIFT

Thanks to the innovative science behind A-Lift, the effects of ageing can be reversed in a non invasive, non surgical treatment.

A-Lift promotes improved hydration, circulation and lymphatic drainage. In addition, it aids in the production of collagen which helps combat fine lines and wrinkles by supporting the structure of the skin. The results are firmer, healthier, rejuvenated skin with a fresh and visibly improved complexion.

Complimentary treatments are available to Virgin Atlantic and Delta Air Lines® customers only.

Treatments are not guaranteed and shall be booked on a first come first serve basis. Payment by debit/credit card only.

- * A charge of £16 will be applied to these treatments if taken as an additional service.
- ** Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.

Face

Dr. Hauschka

Dr. Hauschka products respect and enhance the skins natural functions by supporting the skin to be in balance with its own natural process.

Express Radiant You facial 15 mins Complimentary or £16.00*
No matter the condition of your skin today, this powerful or 3000 miles cleansing method works to transform your skin to a state of lasting radiance and vitality.

Radiant You facial 30 mins £35.00

No matter the condition of your skin today, this powerful cleansing method works to transform your skin to a state of lasting radiance

and vitality. A therapeutic facial treatment including a foot soak to calm the body and mind, a mask application specifically chosen for your skin type, with a relaxing head massage. Your treatment is finished with a refreshing toner and an application of moisturiser.

For the ultimate hydrating experience add a 15 minute or 4000 miles

A lift facial to your treatment

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30 mins £35.00** or **7000 miles**

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Gents Grooming



Traditional safety shave** 30 mins £20.00 Using American Crew products. or **4000 miles** Cleanse, hot towel, shave and moisturise.

Clearise, not tower, snave and moisturise.

Luxury cut throat shave** 45 mins £40.00 The ultimate gentlemen's experience, performed or **8000 miles**

The ultimate gentlemen's experience, performed with a cut throat razor. Includes hot and cold towel compresses, cleanse, shave and completed with a relaxing scalp and facial massage.

File and buff 15 mins Complimentary or £16.00*

Revive dehydrated hands and nails. Includes a nail file, application of hand cream & nail oil finished with a nail buff for a healthy shine. Excludes polish.

Mens manicure 30 mins £20.00

Revive dehydrated hands and nails with a shape of the nails, cuticle work, an application of hand cream and strengthening nail oil finished with a nail buff.

Eyebrow wax/shape £10.00

or 2000 miles

or **3000 miles**

or 4000 miles

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Unwind 15 mins Complimentary **or £16.00*** A chance to let go and begin to unwind releasing the

A chance to let go and begin to unwind, releasing the tension we hold in our bodies. Along with deep inhalations, the pressure points of stress are released on your feet and scalp. Finished with spritz of Dewy Facial Mist for hydration, Altitude oil for protection and your selection on sleep blend to prepare you for the journey ahead.

Rest Easy 30 mins £35.00 A whole body treatment to melt away the stress of travel or **7000 miles**

A whole body treatment to melt away the stress of travel and prepare you for a long journey with restful sleep. Deep inhalations allow you to let go, followed by gentle stretches, a deep facial cleanse and heavenly hydrating mask prepares the skin for a long flight. Pressure points of stress are released on your feet and scalp and finished with a spritz Dewy Facial Mist and sleep blend of your choice to ease you into your journey ahead.



Body and soul

Dr. Hauschka

Choose from a selection of Dr. Hauschka oils to naturally enhance your treatment.

Therapeutic oil back massage**

30 mins

£35.00 or **7000 miles**

Following deep inhalations using a specific aromatherapy oil to suit your requirements; your back, shoulders, neck and head will be treated to therapeutic massage movements that will improve circulation, restore harmony and ease tension.

Hot stone back treatment**

30 mins

£35.00

Hot stones are used on the back to warm and destress the body. or **7000 miles** The back and shoulders are rhythmically massaged to relax muscles, while the use of aromatherapy oils will help to calm and unwind the mind.

Seated back and

shoulder massage**

15-30 mins

£16.00-£32.00

This massage is performed over clothes on a massage chair. or **3000-6000 miles**Working on specific trigger points around your back, neck, scalp
and shoulders to relieve tension headaches and relax muscles.
The treatment combines hands on massage and hot stones.

Head massage

15 mins

Complimentary or £16.00*

or 3000 miles

Following deep inhalations of aromatherapy oils and hot stones placed in the palm of the hands, your scalp will be treated to deep massage movements that instantly free the tension held in the head allowing your mind and body some peace and calm.

Please be advised that treatment times are inclusive of consultation. Treatments are not guaranteed and shall be booked on a first come first serve basis. Payment by debit/credit card only.

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^{**}Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.

Hands and feet

Dr. Hauschka

Using a range of Dr. Hauschka Products to obtain the ultimate results in a natural holistic way.

File and buff15 mins
Complimentary **or £16.00***Revive dehydrated hands and nails. Includes a nail file, application of hand cream & nail oil finished with a nail buff for a healthy shine. Excludes polish.

Clubhouse manicure 30 mins £30.00
Revive dehydrated hands and nails with a shape of the nails, cuticle work, an application of hand cream and strengthening nail oil finished with a polish application of your choice.

File and polish15-30 mins£16-£18.00Your choice of colour or French.or 3000 miles

Shellac nail colour - hands or feet45 mins£35.00(Colour or French)or 7000 miles

Applied like polish. Wears like gel. Shellac has a high shine mirror finish. Zero dry time and lasts for up to 14 days.

🋪 Dr. Hauschka Regenerating Body Cream

₩ = Perfect Travel Companion

Please be advised that treatment times are inclusive of consultation.

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File and buff

Revive dull, tired feet and nails. Includes a nail file, application of foot cream & nail oil finished with a nail buff for a healthy shine. Excludes polish.

Complimentary or £16.00*

or 3000 miles

Clubhouse pedicure30 mins£30.00Comprises of a foot soak, nail file, cuticle work,
hard skin removal and a foot massage.or 6000 miles

If you wish to add a polish application 45 mins £45.00 to this treatment or **9000 miles**

Thai foot massage** 30 mins £35.00 This is a great dual treatment, not only will the soothing massage or **7000 miles**

and invigorating stretching techniques release tension on tired, aching feet; but your whole body will feel rebalanced by the gentle application of traditional Thai wooden massage sticks which apply specific pressure points on your feet.

Hot stones

Therapeutic massage with hot basalt stones allows the therapists to work deeper into the muscles, releasing and relaxing areas of tension, whilst calming and unwinding the mind. Basalt stones are made from volcanic rock and after heating, will retain the warmth for the length of the back or foot massage.

Choose from a variety of holistic Dr. Hauschka body oils to enhance the treatment benefits and longevity.

Hot stone back treatment** 30 mins £35.00

Hot stones are used on the back to warm and destress the body. or **7000 miles**The back and shoulders are rhythmically massaged to relax muscles, while the use of aromatherapy oils will help to calm and unwind the mind.

Hot stone foot and leg treatment** 30 mins £35.00 This treatment comprises of a hot towel compress, body brushing of the legs, followed by a leg and foot massage using the hot stones.

Essentials**

Half leg wax	£20.00 or 4000 miles
Arm wax	£15.00 or 3000 miles
Under arm wax	£10.00 or 2000 miles
Lip wax	£10.00 or 2000 miles
Chin wax	£10.00 or 2000 miles
Eyebrow wax/shape	£10.00 or 2000 miles
Back wax	£20.00 or 4000 miles
Bikini wax	£15.00 or 3000 miles

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Health & Safety and Data Security

All treatments are carried out subject to completion of a medical consultation form. Some health conditions may prevent you having your chosen service. If you have any concerns please advise prior to making your booking.

All personal information taken from or discussed with clients during any consultations or treatments will be kept in the strictest confidence.

Clubhouse Spa opening hours:

London Heathrow 6.30am - 10.00pm London Gatwick 7.00am - 12.30pm London Revivals 5.00am - 1.30pm New York JFK 3.00pm - 9.45pm

